

PARISH COUNCIL NEWS  
OUTDOOR FITNESS AREA

Councillor Karen Calder, who has responsibility at Shropshire Council for Health and Well Being, officially opened the new Parish Council fitness area which has been constructed on the playing field. The equipment which is primarily for those over fourteen years of age, has been funded by grants from the Tesco Bags of Help Scheme, The Hilton-Jones Charitable Trust and profit from Parish Council organised projects.

Congratulating the Council on its achievement, Karen said it was good to see that it was catering for the fitness needs of the adult population as well as providing plenty of opportunities for younger people. It was also good to see that the Council had managed to fund it without having to use Council Tax money. She intended to urge other Councils to consider similar projects and would be writing to the sponsors to congratulate and thank them for their support.

Thanking Karen for her support, the Chairman stated that the equipment was already being used but it was obvious that many adults needed advice on how best to use it and following requests from members of the public, the following advice/demonstration sessions have been organised and will be run by Samantha McIntosh and Sue Thomas on the following Saturdays.

OCTOBER 1<sup>st</sup>. AND 8<sup>th</sup>. from 10.00am – 12.00 noon

Please come along and join in the activities.